



Quarterly Newsletter

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Toucan Employment joins AVUK to provide Job Support for Autistic People



In June we started our once weekly job support for autistic people in partnership with Toucan Employment. The service is delivered by disability job support advisors from Toucan Employment and autism support advisors from AVUK. This specialist service continues to help autistic people in working age gain vital skills and knowledge for successful job application, interview techniques, writing curriculum vitae and tips about staying in job. The service will also involve training of employers on supporting and creating an enabling environment for autistic persons. The first training for autistic people in employment or wishing to be employed is set for Thursday 19th September.

“Within this short period, I have gained so much knowledge from clients’ perspective and that has enhanced my understanding about autism in adults.”

~ Sonia Asiedu, Job Support Advisor

Thank You and Goodbye to Arts and Craft Teacher Miss Blanka Penxova



“Thank you for your generosity of spirit as well as the lovely food. We really enjoyed ourselves and we certainly couldn’t miss wishing Blanka a fond farewell.” ~ Julie

On Saturday 13th July, children of the arts and craft club, their parents and the AVUK team said goodbye to arts and craft teacher Miss Blanka Penxova. Miss Blanka who was one of the initiators of the club expressed her delight to see all the children who came to her goodbye party. She promised to keep in touch and will continue to give her support to the new teacher Mr Godwin Kizito and the team of volunteers. She said the club is key to improving the children’s social skills and boosting self-esteem. Member of AVUK board of trustees Augusta Siaw thanked Miss Blanka and prayed for her success in her new endeavour. The event was marked by children painting their favourite artwork and also what they will remember most about Miss Blanka. Parents expressed their appreciation to Miss Blanka and her team.

July 2020

AUTISM VOICE



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AVUK and Certitude on Capacity Building Training



In

May AVUK partnered with Certitude to organise a capacity building training for members and beneficiaries. The training was centred on the topic ‘Learning Disability and Autism Awareness’. The training was part of the Treat Me Right project by Certitude. Modules included: In depth Learning disability and Autism Awareness, Effective Health Advocacy, Mental Capacity Act and DoLS in Healthcare, and Health Action Plans and Passport. The training was delivered by Israel Bernal Romero.

“The training gave me a clear insight about learning disability and autism. The language used was simple and comprehensible for everyone.” ~ Fatima

AVUK shares knowledge, experience with Spanish group

In May we had the pleasure to meet and share experience about our community outreach and emotional support programmes with the Spanish group called Talentia Challenge who works with APNABI, an association working with over 1,000 autistic adults and parents in the Basque country in Spain. Head of the visiting team, Jone Sagastui expressed her delight over the amazing work AVUK does in enhancing the wellbeing of autistic people and their families.



Wellbeing is at the Heart of Our Work

Our wellbeing support continues to better the lives of autistic people; children and adults and families and loved ones caring for them.

From the works of our volunteers to the support received by beneficiaries, our overall goal is to instil a feeling of self-satisfaction and happiness which are key in enhancing the wellbeing of people.

AVUK continues with the monthly support for wellbeing for autistic adults and families of autistic people living in Lambeth and Southwark, on the last Thursday and Tuesday of the month respectively.

Our Saturday arts and crafts club for autistic children and their siblings is also shaping the way we view autistic children in the community.



Photo News: AVUK members partake in Autistica's Equality, Inclusion and Diversity workshop for BAME community




AUTISM AND THE WORKPLACE

Topics:
 Autism and the autistic person
 Communication skills at work
 Managing Sensory experiences at work
 Anxiety management
 Time management and
 Organisational skills

Date : Thursday 19th September 2019.
 Time: 11am - 2pm
 Address: 161-167 Clapham Manor Street, London, SW4 6DB
 Booking: email autismvoice1@gmail.com or call or text 07460399290
 Please be sure of your attendance before booking as there are very limited spaces available.
 Lunch will be served.

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